

## Streckenplan Marathon 2004 Heiko Lübbe Starternummer 21331

Km	Uhrzeit	Gesamt	Strecke	EP/VP
<b>Start</b>	<b>9:00</b>			
<b>0</b>	<b>9:02</b>	00:00:00	00:07:00	
<b>1</b>	<b>9:09</b>	00:07:00	00:06:30	
<b>2</b>	<b>9:15</b>	00:13:30	00:06:00	
<b>3</b>	<b>9:21</b>	00:19:30	00:05:32	
<b>4</b>	<b>9:27</b>	00:25:02	00:05:32	
<b>5</b>	<b>9:32</b>	00:30:34	00:05:32	00:00:45
<b>6</b>	<b>9:38</b>	00:36:51	00:05:32	
<b>7</b>	<b>9:44</b>	00:42:24	00:05:32	
<b>8</b>	<b>9:49</b>	00:47:56	00:05:32	
<b>9</b>	<b>9:55</b>	00:53:28	00:05:32	00:00:45
<b>10</b>	<b>10:01</b>	00:59:45	00:05:32	
<b>11</b>	<b>10:07</b>	01:05:17	00:05:32	
<b>12</b>	<b>10:12</b>	01:10:49	00:05:32	00:00:45
<b>13</b>	<b>10:19</b>	01:17:06	00:05:32	
<b>14</b>	<b>10:24</b>	01:22:38	00:05:32	
<b>15</b>	<b>10:30</b>	01:28:11	00:05:29	
<b>16</b>	<b>10:35</b>	01:33:40	00:05:26	00:00:45
<b>17</b>	<b>10:41</b>	01:39:50	00:05:23	
<b>18</b>	<b>10:47</b>	01:45:13	00:05:19	00:00:45
<b>19</b>	<b>10:53</b>	01:51:18	00:05:16	
<b>20</b>	<b>10:58</b>	01:56:34	00:05:13	00:00:45
<b>21</b>	<b>11:04</b>	02:02:32	00:05:10	
<b>22</b>	<b>11:09</b>	02:07:42	00:05:07	
<b>23</b>	<b>11:14</b>	02:12:49	00:05:04	00:00:45
<b>24</b>	<b>11:20</b>	02:18:38	00:05:01	
<b>25</b>	<b>11:25</b>	02:23:38	00:05:01	00:00:45
<b>26</b>	<b>11:31</b>	02:29:24	00:05:01	
<b>27</b>	<b>11:36</b>	02:34:24	00:05:01	00:00:45
<b>28</b>	<b>11:42</b>	02:40:10	00:05:01	
<b>29</b>	<b>11:47</b>	02:45:10	00:05:01	
<b>30</b>	<b>11:52</b>	02:50:11	00:05:01	00:00:45
<b>31</b>	<b>11:57</b>	02:55:56	00:05:01	
<b>32</b>	<b>12:02</b>	03:00:57	00:05:01	00:00:45
<b>33</b>	<b>12:08</b>	03:06:42	00:05:01	
<b>34</b>	<b>12:13</b>	03:11:43	00:05:01	
<b>35</b>	<b>12:18</b>	03:16:43	00:05:01	00:00:45
<b>36</b>	<b>12:24</b>	03:22:29	00:05:01	
<b>37</b>	<b>12:29</b>	03:27:29	00:05:01	00:00:45
<b>38</b>	<b>12:35</b>	03:33:15	00:05:01	
<b>39</b>	<b>12:40</b>	03:38:15	00:05:01	00:00:45
<b>40</b>	<b>12:46</b>	03:44:01	00:05:01	
<b>41</b>	<b>12:51</b>	03:49:01	00:05:01	
<b>42</b>	<b>12:56</b>	03:54:02	00:00:59	
<b>42,2</b>	<b>12:57</b>	03:55:00		00:10:30